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Editorial Reviews. About the Author. Debbie Sprague earned her bachelor's degree in A Stranger In My Bed: 8 Steps to Taking Your Life Back From the Contagious Effects of Your Veteran's Post-Traumatic Stress Disorder - Kindle edition by Debbie Sprague. Download it once and read it on your Kindle device, PC, phones

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She is a trainer with the National Veterans Caregiver Training program. Leah Eskenazi, MSW is a 26 yr veteran in Debbie Sprague is the author of "A Stranger in My Bed: 8 Steps to Taking Your Life Back from the Contagious Effects of Your Veteran's Post-Traumatic Stress Disorder." She is an advocate for veterans and

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Books & music review

He went on a quest to understand PTSD and its effect on the brain. Books to Read By Andre Carter Family Ties A Stranger In My Bed: 8 Steps to Taking Your Life Back From the Contagious Effects of Your Veteran's Post-Traumatic Stress Disorder By Debbie Sprague Combat-related PTSD and its effects

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About the book :: a stranger in my bed

Randy, a Vietnam combat veteran, had been fighting the effects of PTSD for thirty . This review is from: A Stranger In My Bed: 8 Steps to Taking Your Life Back From the Contagious Effects of Your Veteran's Post-Traumatic Stress Disorder

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Do you want more control over your life, but feel powerless to change? Debbie Sprague is the author of "A Stranger in My Bed: 8 Steps to Taking Your Life Back from the Contagious Effects of Your Veteran's Post-Traumatic Stress from exposure to Agent Orange and Post-Traumatic Stress Disorder from

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My Bed: Eight Steps to Taking Your Life Back from the Contagious Effects of Your Veteran's Post-Traumatic Stress Disorder (Morgan James

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Some of these books address PTSD directly, and some provide the wider background material for the spiritual side of A Stranger in my Bed: 8 Steps to taking your life back from the contagious effects of your Veteran's Post-Traumatic Stress Disorder by Sprague, Debbie. 2013. Morgan. James Publishing, New York, NY.

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