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Triathlons Across Six Continents By John L.
Pendergrass, Brett Favre**



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Over two decades, Brett Favre was as compelling a figure as any in the Against the Odds: The Adventures of a Man in His Sixties Competing in Six of the World's Toughest... A true account of John Pendergrass' impossible goal of completing six IRONMAN Triathlons on six continents, all while in...

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Local veteran writes book on his return to vietnam, finishes iron man

Dr. John Pendergrass talks with FOX 23 about his upcoming book the age of 60 to compete in six Iron Man triathlons on six continents. He authored Against the Odds in 2013, which recounted the adventures of a man in his sixties competing in six of the world's toughest triathlons across six continents.

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About - don mann

As a member of SEAL Team SIX he worked in countless covert operations, operating from Don Mann has over 40 years (1,000+ races) worth of competitive racing experience, and was once ranked 38th in the world as a triathlete. . Forward for Against the Odds: The Adventures of a Man in His Sixties Competing in Six

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My iron year: training for my first ironman triathlon

2014 marked my 20th year of participating in the sport of triathlon. I completed my first triathlon in June 1994. In August 2014, I participated in my first (and only)

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LaForge returns to his beloved Cleveland to take the helm of Delta State Examples include local chapter meetings across the state from DeSoto County autobiography Against the Odds: The Adventures of a Man in His Sixties Competing in Six of the World's Toughest Triathlons Across Six Continents.

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Don't look down: against the odds

I was recently sent a copy of Against the Odds: the Adventures of a Man in His Sixties Competing in Six of the World's Toughest Triathlons across Six as he attempts to complete six Ironmans on six different continents all in his sixties. Instead he glossed over much of the actual race experience.

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