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Andrew weil - wikipedia

Andrew Weil, MD is an American celebrity doctor who is a physician, author, spokesperson, Eight Weeks to Optimum Health (1997), Eating Well for Optimum Health (2000), The Healthy Kitchen (2002, with chef Rosie Daley), and Healthy

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Dr. Weil released his book 8 Weeks to Optimum Health: A Proven Program For Taking Full Advantage of Your Body's Natural Healing Power in 1997.

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