

Happier: Learn The Secrets To Daily Joy And Lasting Fulfillment By Tal Ben-Shahar, Jeff Woodman



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Tal Ben-Shahar born 1970, is an American and Israeli teacher, and writer in the areas of Life (2010) originally published in hardcover as The Pursuit of Perfect (2010); Happier: Learn the Secrets to Daily Joy and Lasting Fulfillment (2007)

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Tal Ben-Shahar published a book in 2007 entitled Happier: Learn the Secrets to Daily Joy and Lasting Fulfillment. Ben-Shahar is a faculty member at Harvard

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