

**Longevity Project: Surprising Discoveries For Health
And Long Life From The Landmark Eight-Decade
Study By Howard S. Friedman**



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The Longevity Project: Surprising Discoveries for Health and Long Life from the Landmark Eight-Decade Study. New York: Hudson Street Press. See:

Keys to long life? not what you might expect -- sciencedaily

In a groundbreaking study of personality as a predictor of longevity, researchers found just the opposite. Longevity Project: Surprising Discoveries for Health and Long Life from the Landmark Eight-Decade Study" (Hudson

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R Martin Ph.D. · data of the book Longevity Project: , The (1-61173-139-9) Discoveries for Health and Long Life from the Landmark Eight-Decade Study

'the longevity project' - the new york times

They had beaten the odds and lived very long and healthy lives. 'Longevity Project' - Review - In 80-Year Study, Good News for the Diligent APRIL 18, 2011 . The Amazing Study . a special study, although no one thought the study would last more than ten or twenty years, much less for eight decades.

Keys to long life: longevity study unearths surprising answers

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Together they wrote The Longevity Project: Surprising Discoveries for Health and Long Life from the Landmark Eight-Decade Study.

The longevity project by howard s. friedman ph.d., leslie r. martin

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