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About sandra, her books and tapes - shamanicvisions

She is also the author of "The Beginner's Guide to Shamanic Journeying" and "The Soul Retrieval Journey" lecture programs and the book and CD program

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The shamanic journey is a practice common to all indigenous societies throughout history. By listening to a drumbeat or other rhythmic percussion, the shaman

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The power of the shamanic journey is a practical tool that you can use to address any Sandra Ingerman, author of Shamanic Journeying: A Beginner's Guide

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She is also the author of the audio programs The Soul Retrieval Journey, The Beginner's Guide to Shamanic Journeying, and Miracles for the Earth — all

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