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Palmer RDN, David L. Katz MD MPH**



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She is the author of the wonderful book The Plant-Powered Diet: The Lifelong Eating Plan for Achieving Optimal Health, Beginning Today. Sharon Palmer

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Embracing a sustainable lifestyle philosophy that transcends diet

She is the author of The Plant-Powered Diet: The Lifelong Eating Plan For Achieving Optimal Health, Starting Today and her new book

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